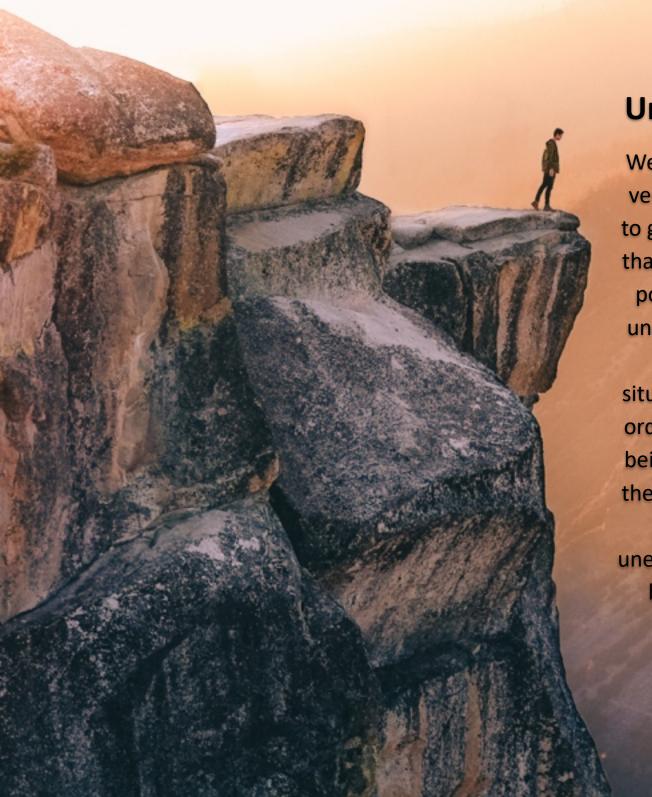
The Value in Taking Risks







Unexpected Opportunities

We often take risks in order to obtain a very specific benefit. You do X in order to get Y. However, there are times when that specific benefit is eclipsed by other positive results that were completely unexpected. When you take risks, your actions cause you to be placed in situations that are not run of the mill or ordinary. Because of this, the reward of being in that situation is also not run of the mill or ordinary. One risk taken for a specific benefit can easily lead to unexpected opportunities which provide benefits that are out of this world.

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Building Self-Assurance

One of the main benefits of taking risks is that you get better at taking risks. It doesn't seem logical, but risky behavior leads to even more risky behavior. Now, when we talk about risky behavior, we are talking about positive behaviors. No one should ever behave in a way that puts them in personal danger. That said, taking positive risks allows you to develop the ability to be able to judge the future risk. In other words, you get better at estimating the odds for success the more that you take risks. BestDietandLifestyle.com

